

# INTERIOR DESIGN<sup>®</sup>

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*sitting pretty*





## 10 GLOBAL SPAS AND WELLNESS RETREATS TO FULFILL YOUR NEW YEAR'S DETOX RESOLUTIONS

So long 2019 and all the crimes we committed with you. With 2020, it's time for a little rest and rejuvenation—and health-gear-ed hospitality destinations are here to help.

From a remote Costa Rican retreat with tent-like structures conscious to a sensitive tropical landscape to a spa that cocoons guests in hanging teepees and a pool promising a “womb-like” experience, here are 10 standout spas and wellness retreats around the globe. We've focused mostly on those new to the scene—but you'll find one established favorite and one yet to come.

### EL LLORENÇ PARC DE LA MAR, PALMA, SPAIN

Lanterns drop over the 46-foot-long indoor thermal pool, rendered in turquoise glazed tiles, at the spa at the ***El Llorenç Parc de la Mar***. To conceive both the 33-room hotel—a Design Hotels member which opened in the summer of 2019—and its spa, Swedish designer Magnus Ehrland channeled Old World Spanish, Moorish, and Arabic traditions.

